



BAREFOOT BOWLS – TIPS & ETIQUETTE

Barefoot bowls is an Aussie favourite suitable for young and old and any fitness level. There are just a few simple barefoot bowling tips and etiquette to follow to protect our precious greens and your safety.

THE HOUSE RULES

1. BARE FEET OR FLAT-SOLED SHOES/THONGS ONLY

However, we do ask that footwear is worn at all times in the clubhouse.

2. NO FOOD OR DRINKS ALLOWED ON THE GREEN

Food and drinks are not permitted on the green at any time, even when walking to the other end. If you wish to take your drink to the other end, please walk round the green.

Food and drink dropped on the green can cause the grass to die and broken glass is dangerous to bare feet and the greenkeeper's machinery.

3. CORRECT DELIVERY OF THE BOWL

Roll the bowls along the ground at all times. DO NOT, under any circumstances, throw the bowls, as this will damage the green.

Anyone caught throwing a bowl above knee height will be removed from the green immediately.

In barefoot bowls, driving of the bowls (bowling with force) is a BIG NO-NO.

4. DON'T SIT ON THE EDGE OF THE GREEN

Sitting on the edge of the green is not permitted. Placing your feet on the edge of the grass may cause the green to break away, damaging the surface. As well, a wayward bowl could cannonball at your ankle.

5. CHILDREN

- **Children under 12 years are NOT permitted to play or permitted within the confines of the greens.**
- **Children under 14 years must be supervised at all times.**
- Don't let them play in the ditches. This is NOT sand. There's a beach across the road with beautiful, CLEAN sand.

6. SMOKING

Smokers must use the designated smoking areas only. Please ask staff the location of the DOSA.

When everyone follows the rules, we are able to maintain the great natural surface the players love bowling on and the safety of the participants that we are introducing to the fun of the game.

THE RULES OF THE GAME

- The object of the game is to get as close as possible to the jack.
- Play in both directions.
- Place the mat and jack in the middle of the rink in line with the number before every end.
- Look for the smallest circle on the bowl which is the side the bowl will bend towards.
- All players must stand on the mat with both feet before delivering the bowl.
- Right-handed players step out with their left foot, left-handed players step out with their right foot.